

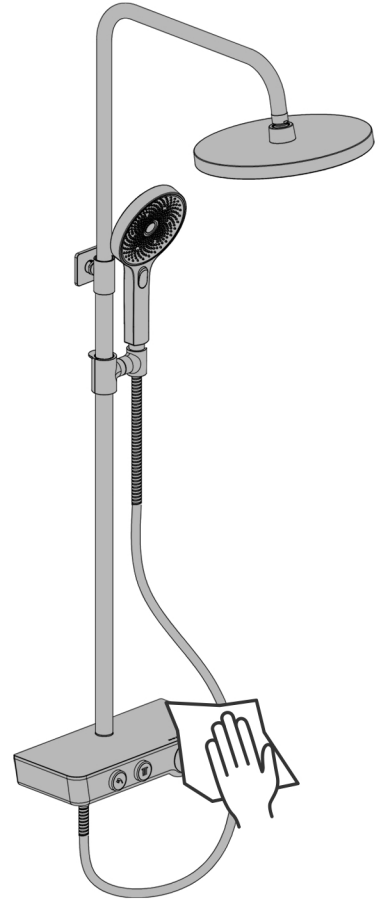
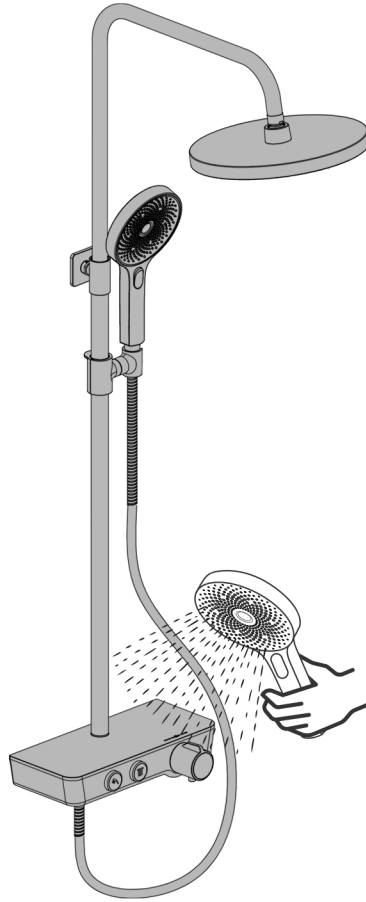
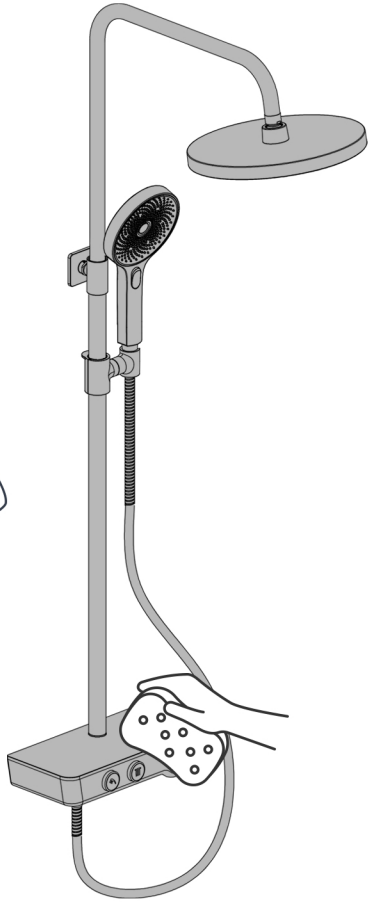
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2.

3.

4.

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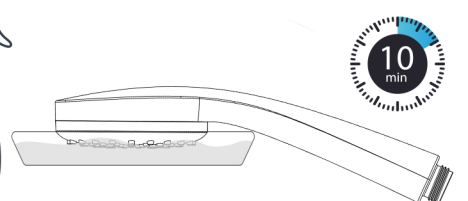
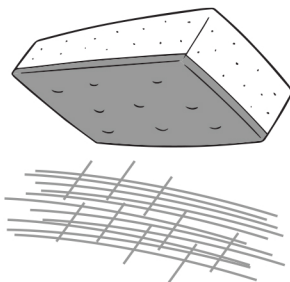
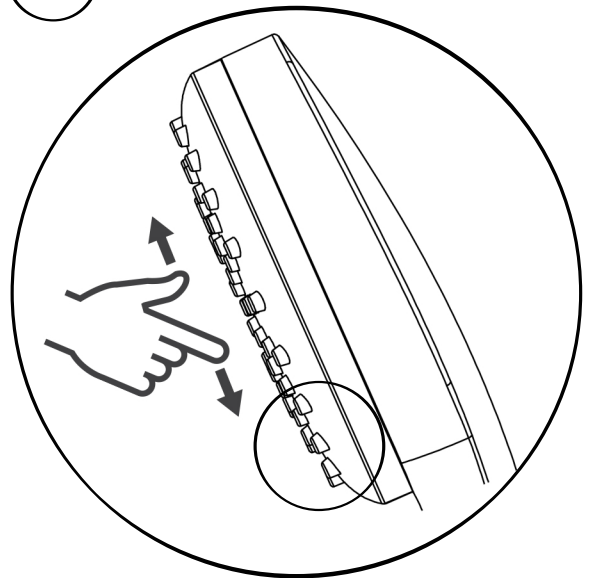


1.



2.

TIPS



10 min